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The authors ideas are truly revolutionary and liberating. You are able to see and experience a real path to having stronger, deeper connections in all your relationships. In The Awakened Family, the author explains that we need to give up our expectations of how we would like things to be and to accept whatever enters the present moment.

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#### The Awakened Family - Dr. Shefali

The Awakened Family: A Revolution in Parenting. Hardcover - May 31 2016. by Shefali Tsabary Ph.D. (Author) 4.7 out of 5 stars 368 ratings. See all formats and editions. Hide other formats and editions. Amazon Price. New from, Used from.

#### The Awakened Family: A Revolution in Parenting: Tsabary Ph ...

In her fourth book, The Awakened Family: A Revolution in Parenting, Shefali Tsabary argues that parenting should be focused more on developing parents' maturity—and less on children themselves. Children come into the world naturally "awake," or aware of who they truly are, claims

Tsabary.

# **Cultivating Self-Awareness in Parents - Greater Good**

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And so, as the Declaration of Independence sanctions, we set off in "the pursuit of happiness," not realizing that this can never bring us happiness. On the contrary, it's the breeding ground of discontent and disappointment. You". — Shefali Tsabary, The Awakened Family: A Revolution in Parenting. 7 likes.

# The Awakened Family Quotes by Shefali Tsabary

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